

**Arizona State Team & Tandem Time Trial
Championships 2018**

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AGGRESS

Presents

**2018 Team Time Trial Championships &
Tandem Time Trial Championships**

Saturday August 18, 2018

Held under USA Cycling event! Permit 2018-2402



NEW IN 2018:

2 PERSON TEAM!!!

DIFFERENT CATEGORIES SEE LIST Page 4 & top of 5

**ONLY JUNIORS 9 TO 14 WILL RACE 20 K EVERYBODY
ELSE WILL RACE 40 K!**

**THE FRONTAGE ROAD HAS BEEN OVERLAID WITH A VERY GOOD CHIP
SEAL AND OIL. IT IS NOW A LOT SMOOTHER!**

WEB PAGE: http://teamaggress.com/?page_id=1266

Directions: From Tucson take I-10 north to exit 219 (Picacho Peak) then follow signs to parking.

From Phoenix take I-10 south to exit 219 (Picacho Peak) then follow signs to parking

Parking: We will use the parking areas next to the Bowlin Travel Centers. We will not use the parking area next to the Dairy Queen. ONLY the parking area west of the new travel center should be used.

Registration:



Register online only. Here is the new link for Bike reg.
<https://www.bikereg.com/2018-azstate-team-tt-championship>

**NO MAIL IN OR RACE DAY REGISTRATION;
ON-LINE REGISTRATION ONLY!!**

NEW IN 2018:

To register one person must register and pay the fee for the team. The “Captain” can input the name of the team and have each rider fill in their own information like address etc. or the “captain” can fill in all information. IMPORTANT is the USA Cycling License Number. (The person will be the team captain and will have to pay the entire fee by credit card.)

On-line registration closes Thursday, August 16, 2018 at 8:00 PM Arizona (MST).

Awards:

USA Cycling State Championship medals will be awarded to the top three teams in each category that holds yearly racing licenses.

Teams with one or more one-day license holder are not eligible for State Medals or State jerseys. The event is keeping the fees very low so Aggress Cycling Team will NOT be purchasing the Arizona State Championship Jersey for the winners.

However each team category winner has the option to purchase a jersey through Aggress from Voler the price per jersey is \$50.00.

Thank you for your understanding!

Packet Pick-up:

At the start line the day of the race starting at 6:00 AM going until the last rider picks up their number! Find the Aggress Tent in the parking lot west of the Bowlin Travel Center on I-10 Frontage Road

All riders must sign the release form. Teammate can pick up teammate number with a pre-printed signed release form and a copy of the riders license.

Start Lists, Start Time:

The start list and start time with rider number will be posted on the Aggress web page Friday, August 17, 2018 around 12 PM (Noon).
Link: http://teamaggress.com/?page_id=1266

First Rider Starts at 7:00 AM. Two-minute intervals between Teams.

Course:

A flat out and back time trial with 20K and 40K options. The course is out and back with 150 feet of elevation change in the both.

Start Order & Categories:

Category order:

JUNIORS TEAM

- 4 Juniors Boys Team (Age 9 to 14)
- 4 Juniors Girls Team (Age 9 to 14)
- 4 Juniors Mixed Team (Age 9 to 14) (Minimum 1 Female)
For Mixed; time stops when the Female crosses finish line)
- 2 Juniors Boys Team (Age 9 to 14)
- 2 Juniors Girls Team (Age 9 to 14)
- 2 Juniors Mixed Team (Age 9 to 14)

20 K JUNIOR TANDEM

- All Male Junior Tandem (age 9 to 14)
- All Female Junior Tandem (age 9 to 14)
- Mixed Junior Tandem (age 9 to 14)

Approximately 20 Minute gap between the junior's and the 40K teams.

4 MEN'S TEAM

- 4 Men Open (no age limit)
- 4 Men (combined age between 76 & 120)
- 4 Men (combined age between 121 & 160)
- 4 Men (combined age between 161 & 200)
- 4 Men (combined age 201 plus)

4 JUNIORS TEAM

- 4 Juniors Boys Team (Age 15 to 18)
- 4 Juniors Girls Team (Age 15 to 18)
- 4 Juniors Mixed Team (Age 15 to 18) (Minimum 1 Female)
For Mixed; time stops when the Female crosses finish line)

2 MEN'S TEAM

- 2 Men Open (no age limit)
- 2 Men (combined age between 38 & 60)
- 2 Men (combined age between 61 & 80)
- 2 Men (combined age between 81 & 100)
- 2 Men (combined age 101 plus)

2 JUNIORS TEAM

- 2 Men Juniors Boys Team (Age 15 to 18)
- 2 Juniors Girls Team (Age 15 to 18)
- 2 Juniors Mixed Team (Age 15 to 18)

4 WOMEN'S TEAM

- 4 Women Open (no age limit)
- 4 Women (combined age between 76 & 120)
- 4 Women (combined age between 121 & 160)
- 4 Women (combined age between 161 & 200)
- 4 Women (combined age 201 plus)

2 WOMEN'S TEAM

- 2 Women Open (no age limit)
- 2 Women (combined age between 38 & 60)
- 2 Women (combined age between 61 & 80)
- 2 Women (combined age between 81 & 100)
- 2 Women (combined age 101 plus)

MIXED TEAM

Mixed Team (Open) (2 male & 2 female riders)

40 K TANDEMS

Male Tandem 70+, 90+, 110+

Female Tandem 70+, 90+, 110+

Mixed Tandem 70+, 90+ 110+

Elite Tandem (under 70) (female, male, mixed)

All Male Junior Tandem (age 15 to 18)

All Female Junior Tandem (age 15 to 18)

Mixed Junior Tandem (age 15 to 18)

Registration Fees:

CATEGORY	FEE PER TEAM
4 Person Team (Adults Men or Women) Until Saturday, August 11, 2018 at Midnight!	\$140.00
4 Person Team (Adults Men or Women) After Saturday, August 11, 2018 at Midnight!	\$160.00
2 Person Team (Adults Men or Women) Until Saturday, August 11, 2018 at Midnight!	\$70.00
2 Person Team (Adults Men or Women) After Saturday, August 11, 2018 at Midnight!	\$80.00
Juniors Teams (4 Person Team Boys, Girls or Mixed)	\$80.00
Junior Teams (2 Person Team Boy, Girl or Mixed)	\$40.00
Tandem TT (2 person tandem Men or Women) Until Saturday, August 11, 2018 at Midnight!	\$70.00
Tandem TT (2 person tandem Men or Women) After Saturday, August 11, 2018 at Midnight!	\$80.00
Juniors Tandem TT (2 person tandems)	\$40.00
ONE DAY License	\$10.00

Race Bible:

Time will be taken on the THIRD cyclist for 4 person team.
Time will be taken on the SECOND cyclist for 2 person team.
All riders will be given the same finish time.

All rider(s) licenses must be present and all release forms signed before a number is handed out. Teammates can present teammates license and per-signed release forms to get numbers.

All (USA CYCLING) Rules apply. Course closes at 6:30am. **Any racer warming up on the course after the race starts will be disqualified.**

Per USA Cycling Rule Book (sections listed)

3F3. Only road bicycles shall be used. * This does not exclude typical Time Trial or Triathlon bicycles.*

3F4. The starting interval between teams will normally be at least two minutes, but may be increased according to the course.

3F6. Start. (a) Each team shall report to the starter at least two minutes before their scheduled starting time and shall start at the scheduled time. If a team appears later than the appointed starting time, the start shall be allowed only if it does not interfere with other teams starting on schedule. If it does interfere, the team may be further delayed. In case of a late start, the appointed time shall be used in computing results. (b) The riders from each team shall line up side by side at the start. All riders shall be held by officials at the start and shall neither be restrained nor pushed. When there are too few holders, all riders must start with one foot on the ground. All teams must start in the same manner. No restarts shall be permitted for any reason.

3F7. In championship events, teams shall consist of four riders and the team time is the time of the third rider. Thus, at least three riders must finish.

3F8. Teammates on different laps may not work together [entire team disqualified].

3F9. All pushing of riders is forbidden, even among teammates. Such pushing will result in the entire team being disqualified.

3F10. No team shall take pace behind another team closer than 25 meters (80 feet) ahead, or 2 meters (7 feet) to the side [time penalties in Table 2].

3F11. The exchange of food, drink, minor repair items, help with repairs and exchange of wheels or bicycles shall be permitted solely among members of the same team.

1I5. Young Junior/Youth Bicycles All riders aged 14 and under are restricted to massed-start bicycles as defined in 1I1 (g). These bicycles must also have at least 16 spokes and no wheel covers may be used.

No headphones allowed during on road warm up or during the event.

"Mandatory junior roll-out will be held at start area!" Check in with an USA Cycling Official at the registration tent!"

FAQ's:

NEW IN 2018:

QUESTION:

Can a team register with only 3 riders?

ANSWER:

YES! Teams consist of a minimum of 3 and a maximum of 4 cyclists.
Time is stopped on the 3rd cyclist.

QUESTION:

Do all cyclists have to be on the same ABRA team?

ANSWER:

NO, cyclist can come from different ABRA or Non-ABRA teams or be unattached riders.

QUESTION:

Do all team members have to wear the same jersey?

ANSWER:

YES. If you have a member from another team get them to borrow a jersey. The jersey can be from different year for the same Team.

QUESTION:

Can unattached cyclist participate in this event?

ANSWER:

YES, they can be a part of a 4-person team or a 2-person team.

QUESTION:

What happens if one of the teammate cannot make the race?

ANSWER:

First the new rider must have an annual USA CYCLING License or one day License.

Second the new rider **MUST** sign the release form and have the license verified **BEFORE** they ride. The new rider ***MUST check in BEFORE the team starts.***

IF the rider does not check in the team will be deemed ineligible and **DISQUALIFIED** from the event. No exceptions

The Team due to the change may change categories based on the new rider, they will keep their original start time and scored with the correct category.

Any other questions - please e-mail Nippy at: nippy-mr-smarty-pants@juno.com

Race Number:

RACE NUMBER: TEAMS EACH RIDER MUST HAVE NUMBER PLACE ON THE RIGHT SIDE OF BACK. TANDEM ONE NUMBER ON THE RIGHT SIDE OF THE STOKER!

Course Marking:

Start Line: White Tape

FINISH LINE: White Tape Line

Each 5 K is marked with a sign & 1000 meters (1K) and 200 meters will have signs.

Miscellaneous:

Port-a-johns with hand cleaner.

Snacks/drinks/water after race while waiting for results.

TROPHIES to all members of the

Fastest Female 4 Person Team, Fastest Male 4 Person Team

Fastest 2 Person Female Team, Fastest 2 Person Male Team

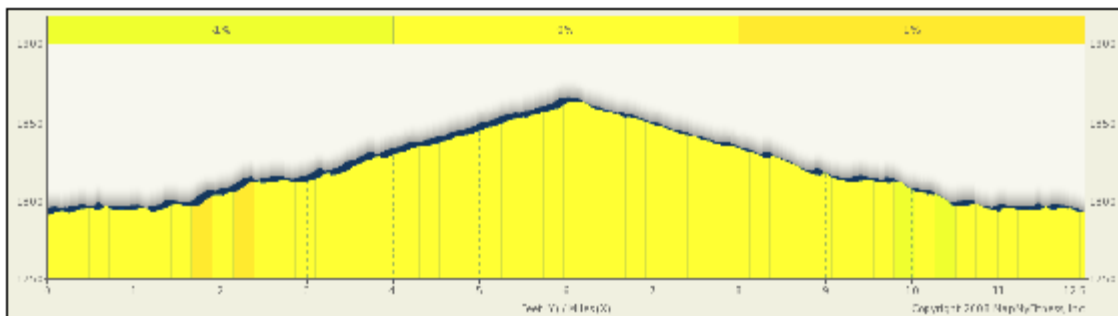
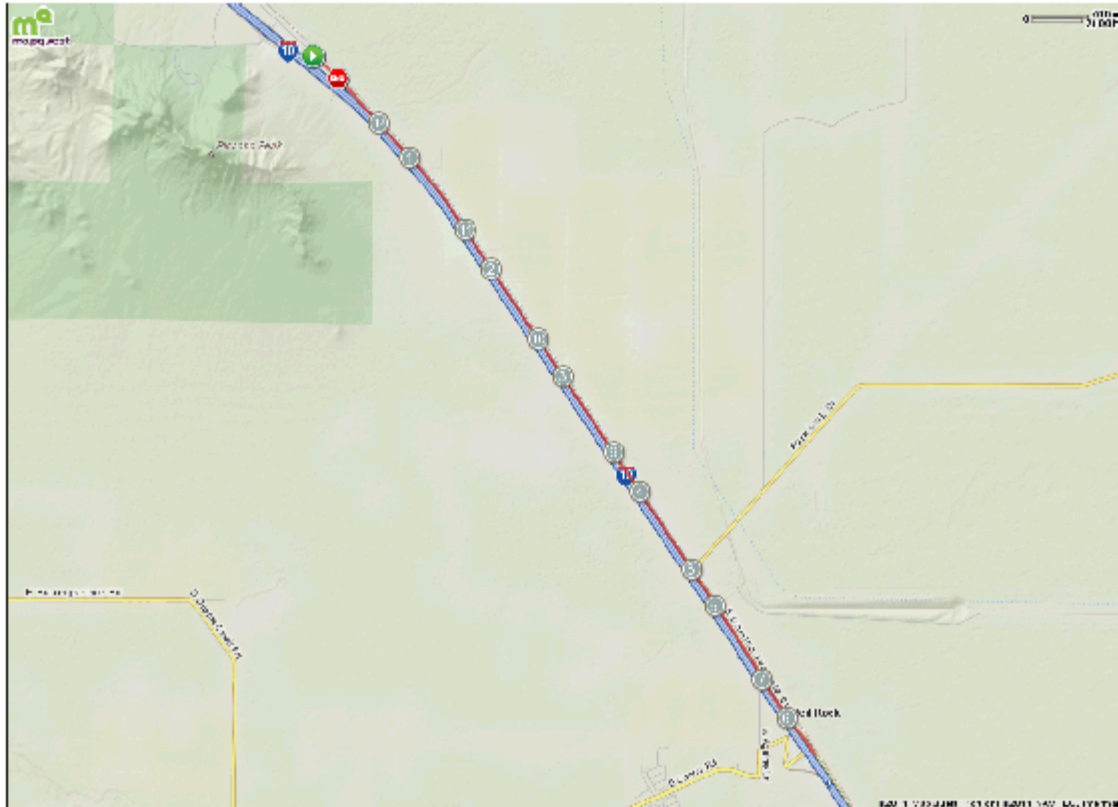


I am using a PDF from 2011 HOWEVER this is the course map for 2018! (Can't change the PDF from Map-my-ride!)

2011 Arizona State 20 Kilometer Time Trial Course for Team and Individual

Starts in , Arizona

12.40 miles



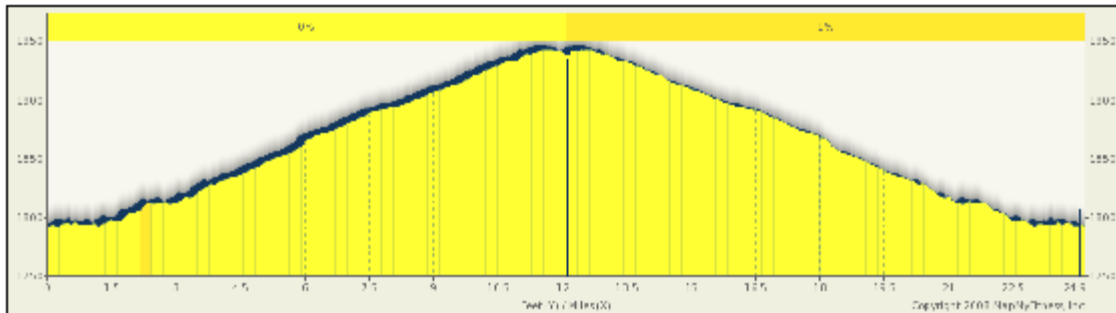
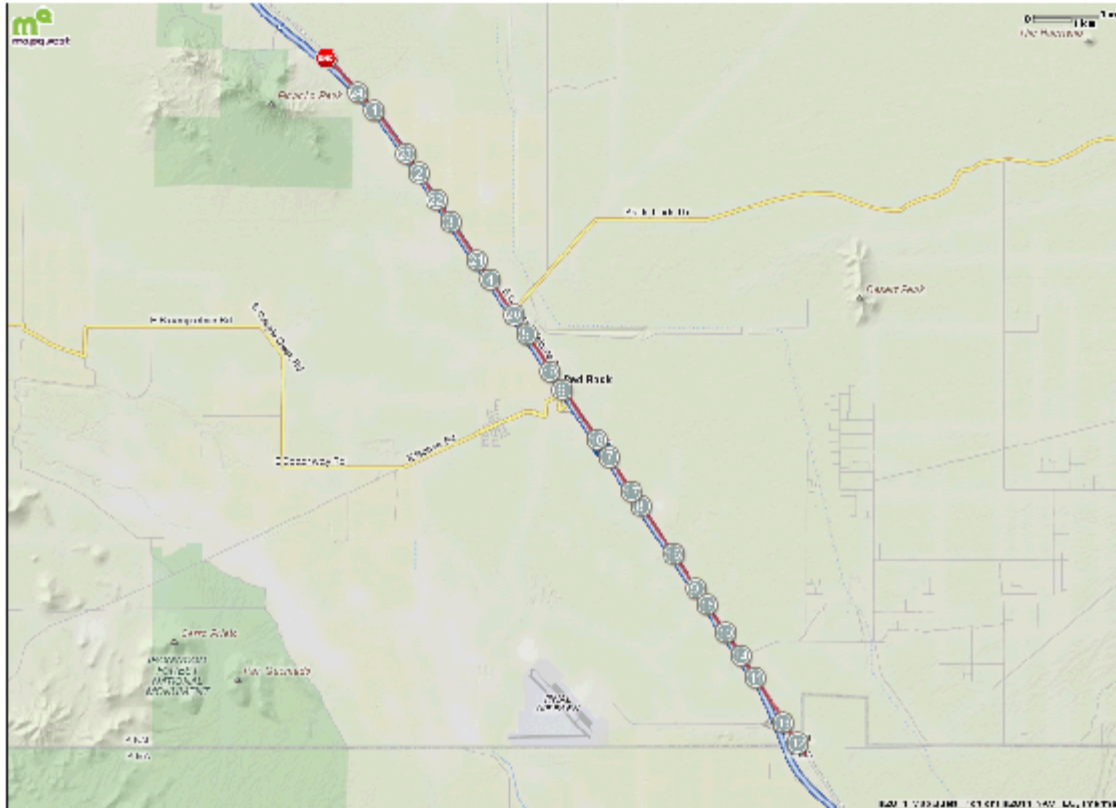
Description
I-10 Frontage Road at Picacho Peak Exit 291 - 2011 Arizona State 20 Kilometer Time Trial Course for Team and Individual. Flat out and back with one overpass at Red Rock (10 kilometer)
Start and finish line are nto across for each other

I am using a PDF from 2011 HOWEVER this is the course map for 2018! (Can't change the PDF from Map-my-ride!)



2011 Arizona State Team and Individual 40 Kilometer Time Trial Course

Starts in , Arizona
24.80 miles



Description
I-10 Frontage at Picacho Peak Exit 219 traveling East - Out and Back 2011 Arizona State Team and Individual 40 Kilometer Time Trial Course. Start line and Finish line are not across from each other.